

A woman with long dark hair, wearing a black long-sleeved shirt and blue denim overalls, is sitting on a light-colored couch. She is looking down at a silver laptop on her lap and has her hands on the keyboard. The background shows a window with blinds and some furniture. A yellow rectangular box is overlaid on the top left of the image, containing the text 'ANXIETY WORKSHOP'.

# ANXIETY WORKSHOP

Thursdays 4-5pm  
701 Rosser Avenue

# Huddle



📍 BRANDON

FREE SNACKS AND RIDE!

Interested  
in joining us?



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